## Pre-Arrival

EXPERIENCE THE BENEFITS OF A HEAVENLY SPA BY WESTIN™

### SPA HELANI

A Heavenly Spa by Westin<sup>™</sup> provides authentic and memorable experiences inspired by our island home. We believe that much of the value of the spa experience comes not only from the facilities, treatments and products, but from having the time and space for silence, separation from technology and personal reflection and contemplation. Throughout the spa experience, we strive to engage each guest across seven senses: the five physical senses of sight, sound, touch, taste and scent, as well as the psychological senses of emotion and meaning.

### **COMFORT & SAFETY**

Your comfort is important to us, so please ensure that we are made aware of any preferences, including the gender of your therapist. We will do our best to fulfill your requests. All of our licensed therapists are professionally trained to provide you with a safe, calm and peaceful experience. Please advise if you are pregnant or have other significant health concerns when booking any treatments. For optimal serenity, all treatment rooms are located on the second level of Spa Helani, reached by a short staircase. Guests who are unable to make this climb may request elevator access. Please be prompt in your arrival as all appointments will end on time and be charged in full, regardless of late arrival.

### SPA FACILITIES

We encourage you to arrive 30 minutes prior to your scheduled appointment time to enjoy our steam room, rain showers and relaxation lounge. A locker, plush robe and slippers will be provided at the time of your arrival. We respectfully ask that you leave cellphones turned off to ensure the tranquility of our spa environment for all guests. Additionally, please deposit all valuables in your room safe, as we are not responsible for lost or misplaced items.

### **CANCELLATION POLICY**

Please notify Spa Helani 24 hours prior to your scheduled appointment should you need to change or cancel your reservation to avoid being charged for scheduled services. Group bookings require a seven-day advance notice for cancellations or changes.

### SERVICE CHARGE

For your convenience, a 20% service charge will be added to the cost of your services. This provides a 16% gratuity for your technician and 1% gratuity for the support staff. This service charge is adjustable based on your satisfaction with services received and additional gratuities for your provider may be left at your discretion.

### AGE LIMITATIONS

Nail services are available for Guests ages 4 and older. Guests ages 12 to 17 are welcome to enjoy full services when accompanied by a parent or guardian.

## FRESH FITNESS CLASSES

Energize your body with our fresh fitness classes à la carte or unlimited for five consecutive days. Our fitness class schedule with current pricing is available online, at the Spa or at any Concierge Desk. Passes must be purchased at Spa Helani prior to attendance.

### OUTDOOR OCEANVIEW SPA CABANAS

This stunning location for a relaxing massage is elevated with sweet tropical breezes and the sound of ocean waves lapping in the distance. Our cabana massages are available for individual or couples massage; swimsuits are required.

### SEASONAL SPECIALS

Ask about our seasonal offerings highlighting the newest spa products and services at a promotional price. Restrictions apply; inquire at Spa Helani.

### CONNECT WITH US

facebook: www.facebook.com/westinkaanapali Twitter: @westinkaanapali #SpaHelani Instagram: @westinkaanapali Find us on TripAdvisor® at The Westin Kā'anapali Ocean Resort Villas

## 

### THE WESTIN KĀ'ANAPALI OCEAN RESORT VILLAS

6 Kai Ala Drive. Lāhainā, Hawai'i 96761

T +1 808.662.2644

westinkaanapali.com/spa

@2017 Starwood Hotels & Resorts Worldwide, LLC ("Starwood"), a subsidiary of Marriott International, Inc. ("Marriott"). All Rights Reserved. SPG, Preferred Guest, Starpoints, Westin, Heavenly, Heavenly Spa, WestinWORKOUT and their logos are the trademarks of Marriott or its affiliates. 17-WKOR-1046

### SPA HELANI RETAIL BOUTIQUE

Our boutique features a perfect collection of soft, breezy sundresses, cover-ups, swimwear and locally designed accessories. Spa Helani is also your one-stop-shop for island-inspired body products, which make excellent gifts for friends and family.

### **CHAMPAGNE & FRUIT**

Upgrade any spa treatment with a touch of decadence, including champagne and a fresh fruit plate. Ask about featured selections and prices.

### SPA LUNCH

Choose from a selection of light meals that are nutritious and satisfying. Menus available at Spa Helani.

### SPG<sup>®</sup> STARPOINTS

Utilize your Starpoints<sup>®</sup> from the Starwood Preferred Guest<sup>®</sup> program for all spa services and in the spa boutique.





PERFORMED AT SPA HELANI OR IN OCEANVIEW CABANAS. IN-VILLA MASSAGE SERVICES AVAILABLE FOR AN ADDITIONAL \$50, PRICES APPLY TO MASSAGE, FACE AND BODY: 25 MINUTES \$85. 50 MINUTES \$150 OR 80 MINUTES \$225. ALL PRICES ARE PER PERSON UNLESS OTHERWISE NOTED.

## Massage

### **HEAVENLY SPA SIGNATURE MASSAGE**

A heated compress invites back muscles to relax and ease before a Swedish massage.

25 / 50 / 80 MINUTES

### THERAPEUTIC MASSAGE

Firm pressure, trigger point, myofacial and cross-fiber friction techniques are used to penetrate deep layers of muscle fibers.

25 / 50 / 80 MINUTES

### HAWAIIAN LOMI LOMI MASSAGE

Inspired by traditional Polynesian dance and rhythmic Pacific waves, this mediumpressure massage incorporates techniques passed down from ancient healers.

25 / 50 / 80 MINUTES

### TAHITIAN MAHANA MASSAGE

Featuring oils made from Tahitian gardenias, this deeply relaxing massage utilizes light to medium pressure and heated sand pouches to penetrate the muscles deep down.

50 / 80 MINUTES

Face

CUSTOMIZED ORGANIC FACIAL Firm, clear or calm skin with organic medicinal herbs, plants and fruit pulps. The extended version includes NuFace lifting technology and an Arctic Berry Peel.

25 / 50 / 80 MINUTES

### SKINCEUTICALS REVITALIZING FACIAL

This powerful anti-aging facial combines vitamin C. botanicals and peptides to lift and revitalize. The extended version includes NuFace lifting technology and Gel Peel.

### HĀPAI (PREGNANCY) MASSAGE

Carefully designed for women who have completed their first trimester, this combines comfort pillows with a light- to mediumpressure technique. Notes of Himalayan geranium, lavender and mandarin essential oils reduce tension and restore the mind.

**50 MINUTES** 

### PA'A MALE (COUPLES) MASSAGE

Enjoy any of our massages side-by-side in the comfort of an in-spa couples room.

25 / 50 / 80 MINUTES

### HEATED LAVA SHELL MASSAGE **ENHANCEMENT \$25**

Add warmth to your massage with Natural Lava Shells® that are heated from within using minerals, dried sea kelp and algae.

### INVIGORATING SCALP TREATMENT **MASSAGE ENHANCEMENT \$15**

This conditioning treatment features a locally made essential oil blend applied to the hair and scalp.

**NO-TIME-ADDED FACIAL ENHANCEMENTS:** 

\$20 EACH OR 2 FOR \$30

- Deep exfoliation

Skinceuticals Gel Peel

Lifting Eye Treatment

Lift and firm

Soothing Lip Treatment

- Hydrate and plump

Anti-Aging Neck/Décolleté

Minimize lines and brighten

- Reduce puffiness and dark circles

Arctic Berry Peel

# Body

### CUSTOM EXPRESS FACIAL & AGE-CORRECTIVE BODY TREATMENT

Cleanse and correct from head to toe with hydrating oils and an anti-aging blend of Natural Retinol, Apple Stem Cells and an antioxidant booster.

### **50 MINUTES**

### AFTER-SUN BODY RENEWAL

Cool and restore skin after environmental exposure. This body treatment harnesses the power of Stone Crop to reduce sun damage, leaving skin radiant and refreshed.

**50 MINUTES** 

## Rituals

### **KĀ`ANAPALI COUPLES RITUAL**

This deeply relaxing and renewing experience connects the mind, body and spirit with Hawaiian-style massages using fluid movements and indigenous coconut oil. This unforgettable experience concludes with a calming bath for two.

80 MINUTES \$375 PER COUPLE (50-minute massage with bath)

110 MINUTES \$500 PER COUPLE (80-minute massage with bath)

### NANEA (BLISSFUL RELAXATION) RITUAL

Inspired by traditional healing methods, the ritual begins with an energetic cleansing of your treatment sanctuary using locally grown ti leaves. Next, you will receive a rhythmic Lomi-Lomi style massage with heated shells and a restorative oil blended exclusively for Spa Helani from flowers harvested on the slopes of Haleakalā and Mauna Loa.

80 MINUTES \$250

### HUALANI BODY POLISH

An efficient yet effective full-body exfoliation uses pineapple enzymes and moisturizing passion fruit from our locally made signature Hualani products.

**25 MINUTES** 

### **GENTLE MANGO BODY WRAP**

Fresh tropical aromas of mango and pineapple fill the air during this gentle fruit-enzyme exfoliation. Help lighten pigmentation, balance skin and reduce signs of aging with collagenboosting nutrients high in antioxidants, vitamin A and vitamin C.

**50 MINUTES** 

### **POLYNESIAN RITUAL**

Inspired by ancient traditions, this ritual transports you to the sacred Polynesian islands. Your journey begins with a coconut shell, white sand and Tahitian vanilla scrub from Taha`a. Next, journey to Bora Bora for a slow and powerful massage using sand pouches. Your final stop is Ra'iātea, with a restorative application of golden monoi oil.

80 MINUTES \$250 or 110 MINUTES \$300

### MIND, BODY, BEACH EXPERIENCE

Invoking memories of warm, sandy beaches and the healing power of the sea, your deeply relaxing massage is delivered on a bed of gently heated pliable quartz.

50 MINUTES \$175 or 80 MINUTES \$250 ADD HEATED LAVA SHELLS \$25

### SAND THERAPY

Melt your tensions away atop a special bed featuring gently heated rolling sand while receiving a relaxing massage of your neck, shoulders and scalp.

25 MINUTES \$110

# Waxing

LIP OR CHIN EYEBROW DESIGN UNDERARM HALF ARM FULL ARM

# Nail Services

### MANGO NECTAR MANI-PEDI

Using a unique blend of mango, macadamia nut, raw island honey and beeswax, this ultra-hydrating manicure and pedicure will silky smooth.

**50 MINUTES \$85 HANDS** 60 MINUTES \$100 FEET 110 MINUTES \$180 BOTH

### HUALANI MANI-PEDI

This transformative and hydrating service showcases our signature pineapple and passion fruit Hualani scrub and lotion. Includes nail shaping, cuticle treatment and lacquer application.

40 MINUTES \$65 HANDS **50 MINUTES \$80 FEET** 90 MINUTES \$140 BOTH

### **GEL COLOR MANI-PEDI**

Cured by ultraviolet light, this long-lasting lacquer is gentle to the natural nail. Results vary, though gel polish can stay intact for up to two weeks without cracking, peeling or chipping depending on your daily activity. (Does not include gel color removal or soak-off.)

**50 MINUTES \$75 HANDS** 55 MINUTES \$90 FEET 105 MINUTES \$160 BOTH

\$2	25	HALF LEG	\$65
\$3	35	FULL LEG	from \$95
\$4	45	BIKINI	from \$75
\$5	50	CHEST	from \$75
\$6	65	BACK	from \$75

leave your skin feeling protected, radiant and

### **COUPLES PEDICURE**

Indulge in side-by-side pedicures with a glass of champagne for each person.

50 MINUTES \$160 PER COUPLE

### MAKUA AND KEIKI MANI-PEDI

Enjoy a shorter version of our manicure and pedicure services with your child (ages 4-14).

55 MINUTES \$150 HANDS & FEET (PER DUO)

### **KEIKI MANICURE OR PEDICURE**

A customized service for Guests ages 4-14. Includes nail shaping, lotion application and lacquer.

25 MINUTES \$35 HAND 25 MINUTES \$35 FEET

### NAIL ENHANCEMENTS

GEL SOAK-OFF	\$25
PARAFFIN HANDS	\$20
PARAFFIN FEET	\$20
HEEL & CALLUS TREATMENT	\$20
POLISH CHANGE (HANDS OR FEET)	\$25
FRENCH POLISH CHANGE (HANDS OR FEET)	\$30
NATURAL NAIL REPAIR (PER NAIL)	\$5
NAIL ART (PER NAIL)	\$5

Please contact the spa to schedule your appointments. We require 24-hour notice for changes or cancellations